Start Date	Learning Category	Course Name	Enrolment Status
09 May 2019	Wellbeing	Stress Awareness.	Attended
27 June 2019	Wellbeing	Building Resilience.	Attended
17 July 2019	Personal Development	Emotional Intelligence.	Attended
24 July 2019	Personal Development	Difficult Conversations.	Attended
11 September 2019	Wellbeing	Stress Awareness.	Attended
18 September 2019	Personal Development	Emotional Intelligence.	Cancelled
10 October 2019	World Mental Health Day	WMHD - A Personal Account of Experiencing Mental Illness	Attended
10 October 2019	World Mental Health Day	WMHD - Body Image and Mental Health	Attended
10 October 2019	World Mental Health Day	WMHD - Positive Thinking in times of Change/Crisis – avoid becoming a victim	Cancelled
10 October 2019	World Mental Health Day	WMHD - Stress Awareness.	Attended
11 November 2019	Personal Development	Emotional Intelligence.	Attended
30 January 2020	Personal Development	Emotional Intelligence.	Attended
11 March 2020	Wellbeing	Building Resilience.	Attended
01 July 2020	Remote Learning	Conflict Resolution Skills - Remote Delivery	Attended
01 July 2020	Personal Development	Conflict Resolution Skills.	Cancelled
01 December 2020	Remote Learning	Difficult Conversations - Remote Delivery	Attended
16 December 2020	Remote Learning	Stress Awareness - Remote Delivery	Attended
05 January 2021	Remote Learning	Building Resilience - Remote Delivery	Attended
26 January 2021	Remote Learning	Psychology of Remote Working	Cancelled
04 February 2021	Remote Learning	Difficult Conversations - Remote Delivery	Attended
24 February 2021	Remote Learning	Stress Awareness - Remote Delivery	Attended
04 March 2021	Remote Learning	Building Resilience - Remote Delivery	Cancelled
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended

19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
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19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Attended
19 May 2021	Learning at Work Week (LaWW)	LaWW - What is Emotional Intelligence	Cancelled
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Attended
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Cancelled
15 June 2021	Wellbeing	Mental Health First Aid - Lite.	Cancelled
08 September 2021	Remote Learning	Stress Awareness - Remote Delivery	Attended
15 December 2021	Remote Learning	Conflict Resolution Skills - Remote Delivery	Attended
14 March 2022	Remote Learning	Stress Awareness - Remote Delivery	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended

13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
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13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Attended
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Cancelled
13 June 2022	Learning at Work Week (LaWW)	LaWW - What is Neurodiversity?	Cancelled
20 September 2022	Health and Safety	Mental Health First Aid Refresher	Cancelled
20 September 2022	Health and Safety	Mental Health First Aid Refresher	Cancelled
20 September 2022	Health and Safety	Mental Health First Aid Refresher	Cancelled
20 September 2022	Health and Safety	Mental Health First Aid Refresher	Cancelled
22 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
22 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
22 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended

22 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
22 November 2022	Health and Safety	Mental Health First Aid Refresher	Cancelled
30 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
30 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
30 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
30 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended
30 November 2022	Health and Safety	Mental Health First Aid Refresher	Attended